



February 2019

Masonicare at Mystic

45 Clara Drive
Mystic, CT 06355
(860) 415-2500

www.masonicare-mystic.org



Activities at Masonicare at Mystic:
(860) 415-2452. All activities are
subject to change. Please check the
weekly schedule.

The Mission of Masonicare is to enhance quality of life through an exceptional continuum of person-centered care.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																														
<p style="text-align: center;">Abbreviations:</p> <table border="1"> <tr> <td>AC—Aquatics Center</td> <td>GAR—Group Activities Room</td> </tr> <tr> <td>AF2—Anchor Floor 2</td> <td>FS—Fitness Studio</td> </tr> <tr> <td>ALR—Anchor Living Room</td> <td>FRS—Fireside</td> </tr> <tr> <td>AMDR—Anchor Main Dining Room</td> <td>ME—Main Entrance</td> </tr> <tr> <td>APDR—Anchor Private Dining Room</td> <td>GR—Game Room</td> </tr> <tr> <td>ARG—Argonauta</td> <td>L—Library</td> </tr> <tr> <td>AS—Art Studio</td> <td>LW—Library Wing</td> </tr> <tr> <td>B—Bistro</td> <td>MAC A&B—Maxson Activities Center A&B</td> </tr> <tr> <td>BL—Back Lawn</td> <td>PUB—Pub</td> </tr> <tr> <td>CAR—Compass Activities Room</td> <td>RO—Recreation Office</td> </tr> <tr> <td>CMDR—Compass Main Dining Room</td> <td>S—Beauty Salon</td> </tr> <tr> <td>CPDR—Compass Private Dining Room</td> <td>SS—Sea Shop</td> </tr> <tr> <td></td> <td>SU—Sign up</td> </tr> <tr> <td></td> <td>TR—Therapy Room</td> </tr> <tr> <td></td> <td>WO—Wellness Office</td> </tr> </table>		AC—Aquatics Center	GAR—Group Activities Room	AF2—Anchor Floor 2	FS—Fitness Studio	ALR—Anchor Living Room	FRS—Fireside	AMDR—Anchor Main Dining Room	ME—Main Entrance	APDR—Anchor Private Dining Room	GR—Game Room	ARG—Argonauta	L—Library	AS—Art Studio	LW—Library Wing	B—Bistro	MAC A&B—Maxson Activities Center A&B	BL—Back Lawn	PUB—Pub	CAR—Compass Activities Room	RO—Recreation Office	CMDR—Compass Main Dining Room	S—Beauty Salon	CPDR—Compass Private Dining Room	SS—Sea Shop		SU—Sign up		TR—Therapy Room		WO—Wellness Office	<p style="text-align: center;">Bistro Hours: Monday-Saturday 8:00a-9:45a And 11:00a-2:00p</p> <p style="text-align: center;">Pub Hours: Monday-Saturday 4:00p-7:00p</p>			<p>1 10:00 Vintage Valentine sale with Joanne FSR 10:00 Wat-Aerobics AC 10:00 Grocery shopping at McQuades SU 11:00 Letter link GAR 1:00 Rummikub GR 1:30 Newscurrents GAR 2:00 Artist reception B 2:00 Trivia PUB 4:00 Sabbath service CPDR 4:00 Appetizers in the PUB</p>	<p>2 10:00 Chair Yoga & Balance with Pat—GAR 11:00 Veteran’s Committee—APDR 1:00 Rosary—APDR 1:00 Rummikub –PUB 1:30 Craft corner GAR 3:00 Bingo MAC A 7:30 Classic Movie GAR</p>
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<p>3 9:15 Transportation to Church SU 12:00 Mass on CH 20 GAR 1:00 Rummikub GR 1:30 Share the Gospel ARG 2:00 Beach ball volley GAR 3:00 Learn Mahjong GR 3:00 Adaptive Knitting with Theresa GAR 3:30 Knit Wits FRS 5:30 Super Bowl</p>	<p>4 10:00 Zumba Gold GAR 11:00 Manicure AMDR 12:45 Country Line Dancing GAR 1:00 Rummikub GR 1:30 Bingo MAC A 1:45 Wat-Aerobics AC 4:00 Appetizers in the PUB</p>	<p>5 8:00 Coffee On Us B 10:00 Boggle GAR 10:30 Great courses LW 11:00 Open Swim—AC 12:45 Chair Yoga & Balance with Pat—GAR 2:00 Greeting Card Creations—GAR 2:00 Book club 3:15 Library committee 3:15 Chinese New Year B</p>	<p>6 10:00 Zumba Gold GAR 1:00 Rummikub PUB 2:00 WII bowling LW 2:00 At the Theatre GAR 3:00 Trivial pursuit AMDR 4:00 Appetizers in the PUB</p>	<p>7 8:00 Coffee On Us B 9:00 Veteran’s Coffeehouse 10:30 Great Courses LW 1:00 Bridge PUB 3:00 Music with Tommy B 3:30 Ice cream social B 7:15 Travelogue—MAC A</p>	<p>8 10:00 Wat-Aerobics—AC 10:00 Grocery Shopping at McQuades SU 11:00 Letter link GAR 1:00 Knitty Gritty Yarn Girl FRS 1:00 Rummikub GR 1:30 Newscurrents GAR 2:00 Trivia PUB 4:00 Sabbath service CPDR 4:00 Appetizers in the PUB</p>	<p>9 10:00 Chair Yoga & Balance with Pat—GAR 11:00 Day Academy MAC A 1:00 Rosary—AMPR 1:00 Rummikub –PUB 1:30 Craft corner GAR 3:00 Bingo MAC A 7:30 Classic Movie GAR</p>																														

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10 9:15 Transportation to Church—SU 12:00 Mass on CH 20 GAR 1:00 Rummikub GR 1:30 Share the Gospel ARG 2:00 Beach ball volley GAR 3:00 Learning Mahjong GR 3:00 Adaptive Knitting with Theresa GAR 3:30 Knit Wits—FRS 7:00 Feature Film GAR</p>	<p>11 10:00 Zumba Gold GAR 10:30 Great courses LW 11:00 Manicures AMDR 12:45 Country Line Dancing GAR 1:00 Rummikub GR 1:30 Bingo MAC A 1:45 Wat-Aerobics AC 4:00 Appetizers in the PUB</p>	<p>12 8:00 Coffee On Us B 10:00 Great Course LW 10:45 Meet with resident council members PUB 11:00 Open Swim—AC 12:45 Chair Yoga & Balance with Pat GAR 1:00 Rummikub GR 2:00 Greeting Card Creations GAR 3:00 Trivial pursuit B</p>	<p>13 10:00 Zumba with Monica—GAR 10:30 Great courses LW 2:00 Rummikub -GR 2:00 Wii bowling LW 2:30 Afternoon at the Opera—GAR 4:00 Appetizers in the PUB</p>	<p>14 8:00 Coffee On Us B 10:30 Great courses LW 11:00 Eucharist service GAR 11:15 Luna visits B 1:00 Bridge PUB 1:00 Rummikub GR 2:00 Activities & events Meeting PUB 2:00 Computer Tech with the Mystic/Noank Library-CPDR-SU 3:00 Valentine's Day with Anna May B 7:15 Travelogue—MAC A</p>	<p>15 10:00 Water Aerobics—AC 10:00 Grocery Shopping – McQuades—Su 11:00 Letter link GAR 1:00 Rummikub GR 1:30 Newscurrents GAR 2:00 Trivia PUB 4:00 Sabbath service CPDR 4:00 Appetizers in the PUB</p>	<p>16 10:00 Chair Yoga & Balance with Pat—GAR 11:00 Trivia talk AMDR 1:00 Rosary—AMDR 1:00 Rummikub -GR 1:30 Craft corner GAR 3:00 Bingo MAC A 7:30 Classic Movie Night-GAR</p>
<p>17 9:15 Transportation to Church—SU 12:00 Mass on CH 20 GAR 1:00 Rummikub GR 1:30 Share the Gospel ARG 2:00 Beach ball volley GAR 2:00 John Paolillo on guitar & vocals 3:00 Learning Mahjong GR 3:00 Adaptive Knitting with Theresa GAR 3:30 Knit Wits—FRS 7:00 Feature Film GAR</p>	<p>18 10:00 Zumba Gold GAR 10:30 Great courses LW 11:00 Manicures AMDR 12:45 Country Line Dancing GAR 1:00 Rummikub GR 1:30 Bingo MAC A 1:45 Water Aerobics AC 4:00 Appetizers in the PUB</p>	<p>19 8:00 Coffee On Us B 10:00 Boggle GAR 10:30 Great Course LW 11:00 Open Swim AC 12:45 Chair Yoga & Balance with Pat GAR 1:00 Rummikub GR 2:00 Food for thought B 2:00 Greeting Card Creations GAR 3:00 Bowling fun B</p>	<p>20 10:00 Zumba with Monica GAR 10:30 Great courses LW 2:00 Rummikub -GR 2:00 Wii bowling LW 2:30 At the theatre GAR 3:00 Demo with Dale B 4:00 Appetizers in the PUB 6:00 Alzheimer's support group GAR</p>	<p>21 8:00 Coffee On Us B 9:00 Veteran's Coffeehouse GAR 10:30 Great courses LW 11:00 Poker GR 11:15 Luna visits B 1:00 Bridge PUB 1:00 Rummikub GR 3:00 February birthday celebration with Marie—B 7:15 Travelogue—MAC A</p>	<p>22 10:00 Water Aerobics—AC 10:00 Grocery Shopping – McQuades—SU 11:00 Letter link GAR 1:00 Rummikub GR 1:30 Newscurrents GAR 2:00 Trivia PUB 4:00 Sabbath service CPDR 4:00 Appetizers in the PUB</p>	<p>23 10:00 Chair Yoga & Balance with Pat—GAR 11:00 Day Academy MAC 1:00 Rosary—APDR 1:00 Rummikub -GR 2:00 Bingo MAC A 4:00 Afternoon concert MAC 7:30 Classic Movie Night-GAR</p>
<p>24 9:15 Transportation to Church—SU 12:00 Mass on CH 20 GAR 1:00 Rummikub GR 1:30 Share the Gospel ARG 2:00 Beach ball volley GAR 3:00 Learning Mahjong GR 3:00 Adaptive Knitting with Theresa GAR 3:30 Knit Wits—FRS 7:00 Feature Film GAR</p>	<p>25 10:00 Zumba Gold GAR 10:30 Great courses LW 11:00 Manicures AMDR 12:45 Country Line Dance GAR 1:00 Rummikub GR 1:30 Bingo MAC A 1:45 Wat-Aerobics AC 4:00 Appetizers in the PUB</p>	<p>26 8:00 Coffee On Us B 10:00 Boggle GAR 10:30 Great Course LW 11:00 Open Swim AC 12:45 Chair Yoga & Balance with Pat GAR 1:00 Rummikub GR 2:00 Resident Town Hall Meeting MAC 2:00 Greeting Card Creations GAR 3:00 Bowling fun B</p>	<p>27 10:00 Zumba with Monica GAR 10:00 Blood pressure clinic WO 10:30 Great courses LW 1:00 Rummikub -GR 2:00 Wii bowling LW 2:30 Afternoon at the Opera—GAR 3:00 Trivial pursuit AMDR 4:00 Appetizers in the PUB</p>	<p>28 8:00 Coffee On Us B 10:30 Great courses LW 10:30 People/plant GAR 11:00 Poker GR 11:15 Luna visits B 1:00 Bridge PUB 1:00 Rummikub GR 2:00 Computer Tech with the Mystic/Noank Library-CPDR-SU 3:00 Afternoon tea with Clarice Smith B 7:15 Travelogue—MAC A</p>	<p>Hairdresser hours are: First Monday of the month, Manicures & Pedicures. Mondays: 2:00-5:00 p.m. Tuesdays and Thursdays 9:00 a.m.-4:00 p.m. Appointments can be made by calling the reception desk.</p>	<p>Contact the Transportation Coordinator, at (860) 415-2466, or the front desk to schedule Doctors appointments or with your transportation questions. If circumstances beyond our control (inclement weather, driver illness, vehicle breakdown) occur, Masonicare will cancel transportation with as much notice as possible.</p>



Sign-up for Shopping and Outings in the Transportation Book outside the Main Dining Room.