

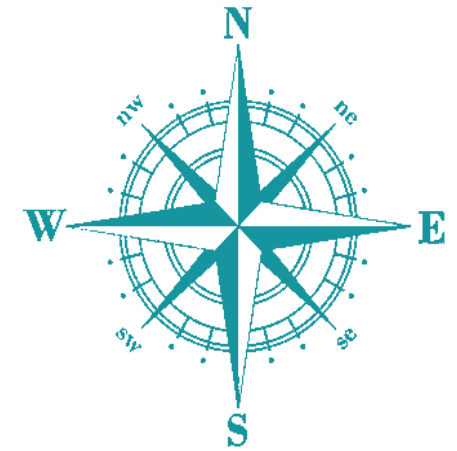


February 2019

Masonicare at Mystic

45 Clara Drive
Mystic, CT 06355
(860) 415-2500


www.masonicare-mystic.org



Activities at Masonicare at Mystic:
(860) 415-2452. All activities are
subject to change. Please check the
weekly schedule.

The Mission of Masonicare is to enhance quality of life through an exceptional continuum of person-centered care.

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| <p style="text-align: center;">Abbreviations:</p> <table border="1"> <tr> <td>AC—Aquatics Center</td> <td>GAR—Group Activities Room</td> </tr> <tr> <td>AF2—Anchor Floor 2</td> <td>FS—Fitness Studio</td> </tr> <tr> <td>ALR—Anchor Living Room</td> <td>FRS—Fireside</td> </tr> <tr> <td>AMDR—Anchor Main Dining Room</td> <td>ME—Main Entrance</td> </tr> <tr> <td>APDR—Anchor Private Dining Room</td> <td>GR—Game Room</td> </tr> <tr> <td>ARG—Argonauta</td> <td>L—Library</td> </tr> <tr> <td>AS—Art Studio</td> <td>LW—Library Wing</td> </tr> <tr> <td>B—Bistro</td> <td>MAC A&B—Maxson Activities Center A&B</td> </tr> <tr> <td>BL—Back Lawn</td> <td>PUB—Pub</td> </tr> <tr> <td>CAR—Compass Activities Room</td> <td>RO—Recreation Office</td> </tr> <tr> <td>CMDR—Compass Main Dining Room</td> <td>S—Beauty Salon</td> </tr> <tr> <td>CPDR—Compass Private Dining Room</td> <td>SS—Sea Shop</td> </tr> <tr> <td></td> <td>SU—Sign up</td> </tr> <tr> <td></td> <td>TR—Therapy Room</td> </tr> <tr> <td></td> <td>WO—Wellness Office</td> </tr> </table> | | AC—Aquatics Center | GAR—Group Activities Room | AF2—Anchor Floor 2 | FS—Fitness Studio | ALR—Anchor Living Room | FRS—Fireside | AMDR—Anchor Main Dining Room | ME—Main Entrance | APDR—Anchor Private Dining Room | GR—Game Room | ARG—Argonauta | L—Library | AS—Art Studio | LW—Library Wing | B—Bistro | MAC A&B—Maxson Activities Center A&B | BL—Back Lawn | PUB—Pub | CAR—Compass Activities Room | RO—Recreation Office | CMDR—Compass Main Dining Room | S—Beauty Salon | CPDR—Compass Private Dining Room | SS—Sea Shop | | SU—Sign up | | TR—Therapy Room | | WO—Wellness Office | <p style="text-align: center;">Bistro Hours: Monday-Saturday 8:00a-9:45a And 11:00a-2:00p</p> <p style="text-align: center;">Pub Hours: Monday-Saturday 4:00p-7:00p</p> <p style="text-align: center;">Compass Dining Room Monday-Saturday 5:00p-7:00p Sunday Brunch 11:00a-2:00p</p> | | | <p>1 10:00 Vintage Valentine sale with Joanne FSR 10:00 Wat-Aerobics AC 10:00 Grocery shopping at McQuades SU 11:00 Letter link GAR 1:00 Rummikub GR 1:30 Newscurrents GAR 2:00 Artist reception B 2:00 Trivia PUB 4:00 Sabbath service CPDR 4:00 Appetizers in the PUB</p> | <p>2 10:00 Chair Yoga & Balance with Pat—GAR 11:00 Veteran’s Committee—APDR 1:00 Rosary—APDR 1:00 Rummikub –PUB 1:30 Craft corner GAR 3:00 Bingo MAC A 7:30 Classic Movie GAR</p> |
| AC—Aquatics Center | GAR—Group Activities Room | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| AF2—Anchor Floor 2 | FS—Fitness Studio | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ALR—Anchor Living Room | FRS—Fireside | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| AMDR—Anchor Main Dining Room | ME—Main Entrance | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| APDR—Anchor Private Dining Room | GR—Game Room | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ARG—Argonauta | L—Library | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| AS—Art Studio | LW—Library Wing | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| B—Bistro | MAC A&B—Maxson Activities Center A&B | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| BL—Back Lawn | PUB—Pub | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| CAR—Compass Activities Room | RO—Recreation Office | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| CMDR—Compass Main Dining Room | S—Beauty Salon | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| CPDR—Compass Private Dining Room | SS—Sea Shop | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | SU—Sign up | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | TR—Therapy Room | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | WO—Wellness Office | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <p>3 9:15 Transportation to Church SU 12:00 Mass on CH 20 GAR 1:00 Rummikub GR 1:30 Share the Gospel ARG 2:00 Beach ball volley GAR 3:00 Learn Mahjong GR 3:00 Adaptive Knitting with Theresa GAR 3:30 Knit Wits FRS 5:30 Super Bowl</p> | <p>4 10:00 Zumba Gold GAR 11:00 Manicure AMDR 12:45 Country Line Dancing GAR 1:00 Rummikub GR 1:30 Department Store Shopping --SU 1:30 Bingo MAC A 1:45 Wat-Aerobics AC 4:00 Appetizers in the PUB</p> | <p>5 8:00 Coffee On Us B 10:00 Boggle GAR 10:30 Great courses LW 10:30 Big Y/CVS Shopping Plaza—SU 11:00 Open Swim—AC 12:45 Chair Yoga & Balance with Pat—GAR 2:00 Greeting Card Creations—GAR 2:00 Book club 3:15 Library committee 3:15 Chinese New Year B</p> | <p>6 9:45 Parkinson dance class SU 10:00 Zumba Gold GAR 12:00 Lyme Art Association “New Elected Artists” & Lunch at The Hideaway 1:00 Rummikub PUB 2:00 Wii bowling LW 2:00 At the Theatre GAR 3:00 Trivial pursuit AMDR 4:00 Appetizers in the PUB</p> | <p>7 8:00 Coffee On Us B 9:00 Veteran’s Coffeehouse 10:30 Great Courses LW 1:00 Bridge PUB 3:00 Music with Tommy B 3:30 Ice cream social B 7:15 Travelogue—MAC A</p> | <p>8 10:00 Wat-Aerobics—AC 10:00 Grocery Shopping at McQuades SU 11:00 Letter link GAR 1:00 Knitty Gritty Yarn Girl FRS 1:00 Rummikub GR 1:30 Newscurrents GAR 2:00 Trivia PUB 4:00 Sabbath service CPDR 4:00 Appetizers in the PUB</p> | <p>9 10:00 Chair Yoga & Balance with Pat—GAR 11:00 Day Academy MAC A 1:00 Rosary—AMPR 1:00 Rummikub –PUB 1:30 Craft corner GAR 3:00 Bingo MAC A 7:30 Classic Movie GAR</p> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|---|---|--|--|
| <p>10 9:15 Transportation to Church—SU 12:00 Mass on CH 20 GAR 1:00 Rummikub GR 1:30 Share the Gospel ARG 2:00 Beach ball volley GAR 3:00 Learning Mahjong GR 3:00 Adaptive Knitting with Theresa GAR 3:30 Knit Wits—FRS 7:00 Feature Film GAR</p> | <p>11 10:00 Zumba Gold GAR 10:30 Great courses LW 11:00 Manicures AMDR 12:45 Country Line Dancing GAR 1:30 Department Store Shopping --SU 1:00 Rummikub GR 1:30 Bingo MAC A 1:45 Wat-Aerobics AC 4:00 Appetizers in the PUB</p> | <p>12 8:00 Coffee On Us B 10:00 Great Course LW 10:30 Big Y/CVS Shopping Plaza—SU 10:45 Meet with resident council members PUB 11:00 Open Swim—AC 12:45 Chair Yoga & Balance with Pat GAR 1:00 Rummikub GR 2:00 Greeting Card Creations GAR 3:00 Trivial pursuit B</p> | <p>13 9:45 Parkinson dance class SU 10:00 Zumba with Monica—GAR 10:30 Great courses LW 1:00 Afternoon tea at Alice in the Village SU 2:00 Rummikub -GR 2:00 Wii bowling LW 2:30 Afternoon at the Opera—GAR 4:00 Appetizers in the PUB</p> | <p>14 8:00 Coffee On Us B 10:30 Great courses LW 11:00 Eucharist service GAR 11:15 Luna visits B 1:00 Bridge PUB 1:00 Rummikub GR 2:00 Activities & events Meeting PUB 2:00 Computer Tech with the Mystic/Noank Library-CPDR-SU 3:00 Valentine's Day with Anna May B 7:15 Travelogue—MAC A</p> | <p>15 10:00 Water Aerobics—AC 10:00 Grocery Shopping – McQuades—Su 11:00 Letter link GAR 1:00 Rummikub GR 1:30 Newscurrents GAR 2:00 Trivia PUB 4:00 Sabbath service CPDR 4:00 Appetizers in the PUB</p> | <p>16 10:00 Chair Yoga & Balance with Pat—GAR 11:00 Trivia talk AMDR 1:00 Rosary—AMDR 1:00 Rummikub -GR 1:30 Craft corner GAR 3:00 Bingo MAC A 7:30 Classic Movie Night-GAR</p> |
| <p>17 9:15 Transportation to Church—SU 12:00 Mass on CH 20 GAR 12:45 Coast Guard Band concert SU 1:00 Rummikub GR 1:30 Share the Gospel ARG 2:00 Beach ball volley GAR 2:00 John Paolillo on guitar & vocals 3:00 Learning Mahjong GR 3:00 Adaptive Knitting with Theresa GAR 3:30 Knit Wits—FRS 7:00 Feature Film GAR</p> | <p>18 10:00 Zumba Gold GAR 10:30 Great courses LW 11:00 Manicures AMDR 12:45 Country Line Dancing GAR 1:30 Department Store Shopping --SU 1:00 Rummikub GR 1:30 Bingo MAC A 1:45 Water Aerobics AC 4:00 Appetizers in the PUB</p> | <p>19 8:00 Coffee On Us B 10:00 Boggle GAR 10:30 Great Course LW 10:30 Big Y/CVS Shopping Plaza—SU 11:00 Open Swim AC 12:45 Chair Yoga & Balance with Pat GAR 1:00 Rummikub GR 2:00 Food for thought B 2:00 Greeting Card Creations GAR 3:00 Bowling fun B</p> | <p>20 9:45 Parkinson dance class SU 10:00 Zumba with Monica GAR 10:30 Great courses LW 2:00 Rummikub -GR 2:00 Wii bowling LW 2:30 At the theatre GAR 3:00 Demo with Dale B 4:00 Appetizers in the PUB 6:00 Alzheimer's support group GAR</p> | <p>21 8:00 Coffee On Us B 9:00 Veteran's Coffeehouse GAR 9:00 Hartford Flower Show SU 10:30 Great courses LW 11:00 Poker GR 11:15 Luna visits B 1:00 Bridge PUB 1:00 Rummikub GR 3:00 February birthday celebration with Marie—B 7:15 Travelogue—MAC A</p> | <p>22 10:00 Water Aerobics—AC 10:00 Grocery Shopping – McQuades—SU 11:00 Letter link GAR 1:00 Rummikub GR 1:30 Newscurrents GAR 2:00 Trivia PUB 4:00 Sabbath service CPDR 4:00 Appetizers in the PUB</p> | <p>23 10:00 Chair Yoga & Balance with Pat—GAR 11:00 Day Academy MAC 1:00 Rosary—APDR 1:00 Rummikub -GR 2:00 Bingo MAC A 4:00 Afternoon concert MAC 7:30 Classic Movie Night-GAR</p> |
| <p>24 9:15 Transportation to Church—SU 12:00 Mass on CH 20 GAR 1:00 Rummikub GR 1:30 Share the Gospel ARG 2:00 Beach ball volley GAR 3:00 Learning Mahjong GR 3:00 Adaptive Knitting with Theresa GAR 3:30 Knit Wits—FRS 7:00 Feature Film GAR</p> | <p>25 10:00 Zumba Gold GAR 10:30 Great courses LW 11:00 Manicures AMDR 12:45 Country Line Dance GAR 1:00 Rummikub GR 1:30 Department Store Shopping --SU 1:30 Bingo MAC A 1:45 Wat-Aerobics AC 4:00 Appetizers in the PUB</p> | <p>26 8:00 Coffee On Us B 10:00 Boggle GAR 10:30 Great Course LW 10:30 Big Y/CVS Shopping plaza SU 11:00 Open Swim AC 12:45 Chair Yoga & Balance with Pat GAR 1:00 Rummikub GR 2:00 Resident Town Hall Meeting MAC 2:00 Greeting Card Creations GAR 3:00 Bowling fun B</p> | <p>27 9:45 Parkinson dance class SU 10:00 Zumba with Monica GAR 10:00 Blood pressure clinic WO 10:30 Great courses LW 11:30 Lunch at Steak Loft-Mystic Cinema Matinee SU 1:00 Rummikub -GR 2:00 Wii bowling LW 2:30 Afternoon at the Opera—GAR 3:00 Trivial pursuit AMDR 4:00 Appetizers in the PUB</p> | <p>28 8:00 Coffee On Us B 10:30 Great courses LW 10:30 People/plant GAR 11:00 Poker GR 11:15 Luna visits B 1:00 Bridge PUB 1:00 Rummikub GR 2:00 Computer Tech with the Mystic/Noank Library-CPDR-SU 3:00 Afternoon tea with Clarice Smith B 7:15 Travelogue—MAC A</p> | <p>Hairdresser hours are: First Monday of the month, Manicures & Pedicures. Mondays: 2:00-5:00 p.m. Tuesdays and Thursdays 9:00 a.m.-4:00 p.m. Appointments can be made by calling the reception desk.</p> | <p>Contact the Transportation Coordinator, at (860) 415-2466, or the front desk to schedule Doctors appointments or with your transportation questions. If circumstances beyond our control (inclement weather, driver illness, vehicle breakdown) occur, Masonicare will cancel transportation with as much notice as possible.</p> |
| | | | | |  | <p>Sign-up for Shopping and Outings in the Transportation Book outside the Main Dining Room.</p> |